

Circle Code for CEC Category used if recording one activity per page

1. Reading articles, texts etc. 2. Learning Programmes. 3. Self-Assessment Programmes. 4. External QAP/Proficiency. 5. Teaching/Research

| <i>Date:</i> | <i>Category:</i> | <i>Duration (hrs):</i> | | | | Total Credits |
|--|------------------|------------------------|---------|------|--------|----------------------|
| Title of book/journal or activity: | | | Author: | | | |
| Title of source (eg chapter, article): | | | Year: | Vol: | Pages: | |
| Details: | | | | | | |

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| Details: | | | | | | |

Reading: article, texts (10/journal or chapter)

Learning Programs: Teaching sets (10/hour), Audiovisual instruction (10/hr), Computer based learning (10/hr)

Self Assessment (10/hr)

QAP/Proficiency: QAP (10/module), Other, specify (10/program)

Teaching/Research: Oral/Poster/Workshop Prep (10/hr), Oral/Poster/Workshop Presentation, local. (10/pres), O/P/W Presentation, National/International (20/pres), Multiheader preparation/presentation. (10/session), Literature search (10/search), Participation in approved research (10/hr), Publication, key author (50/publication), Publication, co-author (20/publication)

